

Bridge Crossing Loops – Fraser and Pitt Rivers

- These Loops include Port Mann Bridge, Golden Ears Bridge, Pitt River Bridge, Alex Fraser Bridge, and Queensborough Bridge. The route follows as many greenways, regional parks and local parks as possible. The spectacular views from the bridge decks are the main focus of these rides. Four of these magnificent bridges are cable-stayed.

Loop	Mode	Dist	Brief Notes	Suggested parking and access
Port Mann – Golden Ears – Pitt River Loop Using North PoCo Trail Option	Cycle	43.4 km Add 10 km	Takes in Colony Farm Regional Park and Tynehead Regional Park as well as the Pitt River Greenway, the South PoCo Trail, and the Golden Ears Greenway. There is also an option to take in the Surrey Bend Regional Park. The North PoCo Trail option Takes in trails along Hoy Creek and the Coquitlam River.	There is easy parking at a number of locations – upload the Google Map or Google Earth kml map.
Port Mann – Alex Fraser – Queensborough Loop	Cycle	50 km	Takes in Colony Farm Regional Park, Humes Park, New Westminster Quay, Cross Surrey Greenway, Green Timbers Forest, Tynehead Regional Park. There is an option to go along the Fraser at the Brunette Fraser Regional Greenway.	
Complete Loop: Pitt River – Golden Ears – Alex Fraser - Queensborough	Cycle	74.3 km	All of the above. The main route is the orange track that skips the Port Mann Bridge. To do the 5 bridges in one trip without shuttling adds 17.5 km to the route by going over the Port Mann Bridge twice for a total of 92 km.	

Notes about each Bridge

Port Mann Bridge

Opened on September 18, 2012 as a 10-lane cable-stayed toll bridge spanning the Fraser River between Coquitlam and Surrey. It is 2 km long and 65 metres wide making it, as of 2015, the 3rd longest such bridge if this width in the world, the 2nd longest in North America, and the 2nd widest in the world. The clearance above high level water is 42m/138ft. The towers are 163m/535ft in height. There is a two-way cycle/pedestrian shared path on the north side of the bridge.

Golden Ears Bridge

Opened June 16, 2009 as a 6 lane extradosed toll bridge (a cross between a cable-stayed and girder bridge) spanning the Fraser River between Maple Ridge and North Langley replacing the Albion ferry between Fort Langley and Maple Ridge. It is 2.4 km long with pylons 90m/300ft high and the deck is 40m/130ft above the river. It features two golden metal eagle sculptures at the top of the bridge and is named for its view of Mount Blanshard in Golden ears Provincial Park. There are great views of Mount Baker as well. There is a shared cycle/pedestrian pathway on each side of the bridge. Cyclists take the side of the bridge in the same direction as the vehicle traffic on its right.

Alex-Fraser Bridge (Annacis Bridge)

Opened on September 22, 1986 as a 6-lane cable-stayed bridge spanning the Fraser River between Richmond and North Delta. It was named after Alex Fraser, a former B.C. Minister of Transportation. It is 2.5 km long, the towers 154m/505ft tall. There is a shared cyclist/pedestrian pathway on each side of the bridge. Cyclists take the side of the bridge in the same direction as the vehicle traffic.

Pitt River Bridge

It opened October 4, 2009 as a 6-lane cable-stayed bridge spanning the Pitt River between Port Coquitlam and Pitt Meadows. It is 600m long with an interchange structure. There is two-way cycle/pedestrian shared path on the north side of the bridge connecting the Traboulay PoCo Trail with the Pitt River Greenway.

Queensborough Bridge:

It first opened in 1960 as a 4-lane steel plate girder bridge spanning the north arm of the Fraser River between New Westminster City and Lulu Island and is approximately one km in length. There is a narrow shared cycling/pedestrian pathway on each side of the bridge. Cyclists take the side of the bridge in the same direction as the vehicle traffic on its right.