

Metro Cycle Trail Loop

Delta - West Surrey

[Google Map](#)

[Sub-loops Descriptions](#)

Distance: 67k loop - Could include stop at Ladner Market on Sundays when it is open (Every 2nd Sunday during the Summer).

Starting and end point: off Nordel Way take Nordel Court to Planet Ice Parking.

Connecting Roads - 15k

Trails and Pathways - 51k

Mode of travel: Well maintained Mountain Bike

Level of Difficulty: Easy terrain - long distance

Low altitude - 0 -- **High altitude -** 70/230 ft -- basically flat

Time allowed: 7 to 8 hrs including lunch

Fitness level: Should be in good physical condition and have experienced cycling over 40k.

Meals: Early meal at about 11:15 a.m. at Ladner Market or in Ladner Town Centre. Take a hearty snack along to be eaten at Mud Bay Regional Park.

Photos: Peter Hiebert

Features and Descriptions

From Nordel Court/Planet Ice we immediately take a Pathway from the Planet Ice Parking Lot to River Road. Note that River Road is overridden by the new South Perimeter Highway at this location. Heading West watch for a way to go under the Perimeter Hwy to get to the other side on a bike path that will connect again with River Road.

South arm of the Fraser River up to Deas Island Regional Park. 12k



Viewpoints show the north short Mountains, South Delta industries, Fraser River activities, and the Alex Fraser Bridge.

Tilbury Island Slough:



Take a short jaunt away from the River Rd. to take in better views of the Tilbury Island Slough and vegetation. Turn right at 72nd St (Funeral Home on corner), left at Tilbury Rd, and left on MacDonald Rd. to continue on River Rd.

Deas Island Regional Park



Washrooms are available in the park. On the left is the Inverholme Schoolhouse (1909) one of the last one-room schoolhouses in Delta. On the right is the Burvilla, a Queen Anne style residence (1905) and belonged to the Burr family in Delta. The island is named after a black freeman and tinsmith, John Sullivan Deas who had claimed the island and built a cannery, wharf and dykes. Other Greek families stayed on the island until the 1950's.

Delta Millennium Trail

This trail makes a wonderful connection from Deas Island to the rest of Ladner by getting past the Deas Island Tunnel under a bridge just before the tunnel.

Ferry Road Pathway



This pathway runs along the **South Island Wildlife Marshes**.

The Ladner Village Market - 20k



Half a km from the dyke is the well known Ladner Village Market – open every 2nd Sunday during the summer. [Check this link for dates.](#)

Ladner Reach Marina



From this new section of dyke trail with Expo fixtures is a view of farmland and North Shore Mountains.

Wellington Point



On one side we see the North Shore Mountains and the other the beginning of Westham Island. It is an extra 10-km to and from the famous Reifel Bird Sanctuary on Westham Island.

View to the East after Brunswick Point from Robert's Bank and the Deltaport on the Salish Sea (Start of Robert's Bank - 27.5k)



Getting past the Deltaport rail tracks presently requires taking a detour – see alert describing this loop on our [website](#).

Boundary Bay Greenway Connector Route

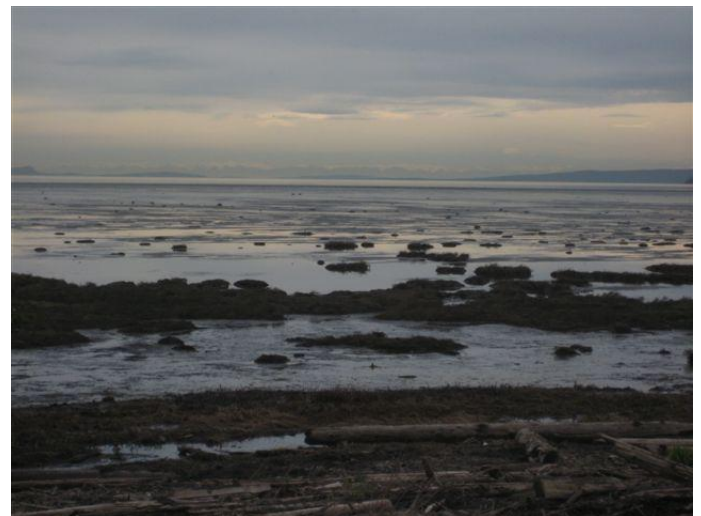
The connector to Boundary Bay Greenway consists of and paths first via the Tsawwassen FN over long boardwalk and around the Tsawwassen Mills Mall, then via the South Delta Recreation Centre where there are **Washrooms**. From there head towards Beach Grove involving first quirky path starting behind the centre and then a few quiet streets.

Boundary Bay Regional Greenway Dyke Trail - 39k



From **Beach Grove** the Boundary Bay Regional Greenway Dyke Trail to Mud Bay Regional Park is **17k** of wonderful uninterrupted trail. Look for the abundant bird life. Eagles are quite prevalent.

On north side of the dike there is a golf course (Kings Links), Farm land at its best, acres of greenhouses, the Delta Airport, etc.



Mud Bay Regional Park - 56k



This regional park featuring seaside marshes in Surrey has picnic tables, other trails to explore, and washrooms. From this point, travel by road for 2 km under #99 Highway and head north on Colebrook Rd. Link with the last section of trail passing the Family Golf Centre and re-enter Delta at Watershed Park.

Watershed Park

With its coniferous forest, Watershed Park is Delta's largest park and situated on a large artesian water supply.

Take the overpass over the rail. An alternative is to take the Lower Trail in the park being careful not to take the Artesian Trail. At the north entrance it is necessary to stay on the south sidewalk heading west over the highway to rejoin the main trail on the other side of the rail tracks.



Burns Bog

From here follow the edge of the famous Burns Bog following Davies Creek all the way to the Alex Fraser Bridge. There is an opportunity to take an excellent boardwalk path over the bog. From here take the pathway back to the start of the cycle.